



Memory Cafe Programme

Middle Street Resource Centre,
Middle Street,
Beeston NG9 2AR



Tel: 07960 398 700

Email: info@beestonmemorycafe.com

Website: <http://beestonmemorycafe.com/>

Time: 2-4 pm	What will be we doing?
22 March	Activity: Exercise and Singing Facilitator: Mavrick
5 April	Fun & Games: board games, craft and quizzes
12 April	Theme: 1960s Entertainment: Musical entertainment by Side by Side Reflexology & Massage
26 April	Activity: Cut-up poems and poetry readings Facilitators: Justine Schneider and guest poets
3 May	Fun & Games: board games, craft and quizzes
10 May	Theme: Working Life Entertainment: Oldish Spice Reflexology & Massage
24 May	Activity: Fun with clay Facilitator: Stephen Jon
7 June	Fun & Games: board games, craft and quizzes
14 June	Theme: Food Talk: Mary O’Riordan, Alzheimers Society Entertainment: Just Us Singers Reflexology & Massage
28 June	Activity: Armchair Gallery: exploring a treasure from the Pitt Rivers Museum in Oxford - all from the comfort of the Memory Cafe Facilitators: Emma Wass and City Arts
5 July	Fun & Games: board games, craft and quizzes
12 July	Theme: School Days Entertainment: Funtime Singers Reflexology & Massage
Saturday 14 July	Extra! Come and support the Memory Cafe stand at Beeston Carnival Venue: Broadgate Park Extra!
26 July	Activity: Barbecue in the garden at Middle Street Centre

Cost per session: £2 per person;

(Maximum £4 per group of Cafe guest plus 1, 2 or 3 supporters)

Beeston Dementia Friends: Registered Charity number: 1169865