

Memory Cafe Programme

Middle Street Resource Centre,
Middle Street,
Beeston NG9 2AR
Tel: 07960 398 700

Email: info@beestonmemorycafe.com

Website: <http://beestonmemorycafe.com/>

Time: 2-4 pm	What will we be doing?
16 May	Time to chat with Marie Potts and Time to Sing with Mary Hastings Entertainment: Students from Alderman White
23 May	Activity: Exercise Facilitator: Victoria Hood Moore
30 May	Martin Perry with guitar Games for All
6 June	Fun & Games: board games, craft and quizzes John Clifford School – Maypole Dancing Reflexology & Massage
13 June	Theme: Holidays Entertainment: Ukulele Band with Graham Lodge
20 June	Time to Chat with Marie Potts and Time to Sing with Mary Hastings Dancing with Doug
27 June	Activity: Every picture tells a story Facilitator: Emma Wass
4 July	Fun & Games: board games, craft and quizzes Reflexology & Massage
11 July	Theme: Food Entertainment: Funtime Singers
18 July	Time to Chat with Marie Potts and Time to Sing with Mary Hastings Games/Quiz
25 July	Activity: Singing Facilitator: Angela Warren
1 August	Fun & Games: board games, craft and quizzes Reflexology & Massage
8 August	Theme: Flowers Entertainment: Fiona playing accordion
15 August	Time to chat with Marie Potts and Time to Sing with Mary Hastings Games/Quiz
22 August	Activity: Exercise Facilitator: TBC
29 August	TBC

Cost per session: £2 per person;
(Maximum £4 per group of Cafe guest plus 1, 2 or 3 supporters)

Beeston Dementia Friends: Registered Charity number: 1169865