



Registered Charity number: 1169865

Chair's 4th Annual Report 2017-2018

Review of the Year:

When we opened four years ago our long-term plan was to have weekly sessions of the Memory Café. We are pleased to announce that from September we will be opening every Thursday except for the Christmas break. Our new venture on the third Thursdays in the month will include a session where supporters can take time out, have coffee and get to know one another in a quiet environment, while the rest play games and chat together, assisted by our volunteers. We plan to have outings or film shows on the fifth Thursdays.

On 20 September 2018 we celebrated our fourth birthday with a party supported by Broxtowe Borough Council and a visit from the Mayor, Cllr Derek Burnett BEM. Our Council is committed to be a Dementia Friendly Community.

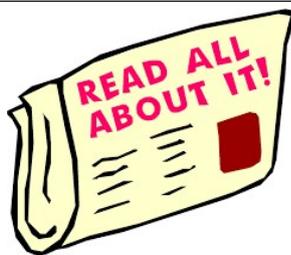
'Living well with dementia' is an experience we join in together on Thursday afternoons; usually through conversation and laughter though sorrows are also shared. We always welcome new members and hope they will come often. We are based at the Middle Street Resource Centre and are very grateful to the team at the Centre for all their wide-ranging support.

Highlights for me this year? Listening to members reading their own poems, enjoying a John Clifford School choir, sharing a 60th wedding anniversary, welcoming a volunteer's new baby and just having a good laugh together! *Janet Patrick - October 2018*

Organisers of



A safe, friendly venue where folk with dementia and those who support them can come for social activities, information and the opportunity to meet and get to know new people.



The Memcaff

This year has seen the production and development of a bi-monthly newsletter, for the Memory Cafe. One of our guest supporters, Marie Potts, assisted by Mary Hastings, a great Memory Cafe supporter, volunteered to work on this new venture. They decided to call the newsletter "The Memcaff." The publication, which is proving very popular, is distributed to guests who attend the café as well as the trustees and volunteers. The aims are to inform, amuse and educate guests and supporters alike and to provide information about outside bodies relevant to dementia needs who may help the journey. It is also a useful medium in which to publicise what goes on at meetings so that new people attending have a flavour of what they may expect when they join us.

Beeston Dementia Friends Summary of Accounts 2017/2018

<u>SUMMARY OF ACCOUNTS 2017/18</u>		<u>PROJECTED INCOME & EXPENDITURE 2018/19</u>	
<u>Income:</u>		<u>Income:</u>	
Grants	£5,000	Grants & Donations	£9,200
Donations	£6,453	Meetings	£2,300
Meetings	£1,761	Total	£11,500
Other	£21		
Total	£13,235	<u>Expenditure:</u>	
<u>Expenditure:</u>		Room Hire	£5,000
Room Hire	£2,633	Co-ordinator	£2,800
Co-ordinator	£1,320	Secretarial, Insurance, Training & Publicity	£980
Secretarial, Insurance, Training & Publicity	£674	Meeting Expenses	£500
Meeting Expenses	£522	Reflex Therapy, Speakers & Entertainers	£1,920
Reflex Therapy, Speakers & Entertainers	£1,510	Games & Equipment	£200
Games & Equipment	£160	Other	£100
Other	£89	Total	£11,500
Total	£6,908		

We are very grateful to our joint Treasurers, Neville and Jennifer Bostock for all their hard work in producing this data.

Management of Beeston Dementia Friends 2018 -19

Chair: Janet Patrick Treasurer: Joan Heasley
 Secretary: Diane Bown Website: Colin Firbank
 Volunteers: Karen Bennett
 Other trustees: Joan Gavigan, Jill Naidoo, Chris Prickard, Justine Schneider.

We say good-bye and thank you to retiring trustees: Jennifer and Neville Bostock, Jenny Langran and Mary Hastings and we welcome Joan Heasley as our new treasurer.

Volunteers



All the people who help run our sessions are volunteers and we are blessed to have such a talented, dedicated and enthusiastic team who make the Memory Café a warm and welcoming place. As we are now offering weekly sessions from September, we are looking for friendly and approachable people to help with our sessions, particularly on the first and third Thursdays of the month.