



Registered Charity Number 1169865

## **Volunteering with Beeston Memory Cafe**

Beeston Memory Café is offering weekly sessions from September 2018 and we are therefore looking to expand our team of volunteers.

The Memory Café is a safe and fun place where folk with dementia and their carers can mix socially, meet people in similar circumstances, discuss issues and share information. We provide a variety of activities including entertainment from local choirs and musicians, exercise, storytelling, poetry and crafts. We meet on Thursday afternoons from 2 to 4 pm at The Resource Centre, Middle Street, Beeston.

No particular qualifications are needed for volunteers, but you should be friendly and approachable and willing to attend a Dementia Friend's session. The recruitment process involves an informal chat and an opportunity to observe a session, followed by an interview. We also ask for two references.

For further details please contact us as follows:

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Email: [info@beestonmemorycafe.com](mailto:info@beestonmemorycafe.com)

Website: <http://beestonmemorycafe.com/>