



Memory Cafe Programme

Middle Street Resource Centre,
Middle Street,
Beeston NG9 2AR
Tel: 07960 398700



Email: info@beestonmemorycafe.com

Website: <http://beestonmemorycafe.com/>

Time: 2-3.30 pm	What will we be doing?
30 September Group A	Singing with Mary
7 October Group B	Singing with Mary Carers' Session
14 October Group A	Dancing with Doug
21 October Group B	Sing-a-long Movie
28 October Group A	Sing-a-long Movie
4 November Group B	Dancing with Doug
11 November Group A	Singing with Mary Carers' Session and Fire Safety – Fire Brigade
18 November Group B	Ukulele Group – Graham Lodge Fire Safety – Fire Brigade
25 November Group A	Ukulele Group – Graham Lodge
2 December Group B	Singing with Mary
9 December Group A	Christmas Party Beeston Methodist Carol Choir
16 December Group B	Christmas Party Beeston Methodist Carol Choir
23 December	No meeting
30 December 12 noon	New Year's Eve Party
30 December 2 pm	New Year's Eve Party

**Cost per session: £2.50 per person;
Please inform us if you are unable to attend.
Tel: 07960 398700**

Beeston Dementia Friends: Registered Charity number: 1169865