



# Memory Cafe Programme

Middle Street Resource Centre,  
Middle Street,  
Beeston NG9 2AR  
Tel: 07960 398700



Email: [info@beestonmemorycafe.com](mailto:info@beestonmemorycafe.com)

Website: <http://beestonmemorycafe.com/>

<b>Time: 2-4 p.m.</b>	<b>What will we be doing?</b>
6 January	<b>Fun and Games</b> <b>Massage</b> with Elaine Burchell, Kathryn Bates and Julie Todd
13 January	<b>Singing with Mary</b> <b>Carers' Session</b>
20 January	<b>Themed session</b> led by Julie Howson and Chris Prickard
27 January	<b>Songs from the 50s and 60s</b> with Martin Perry
3 February	<b>Fun and Games</b> <b>Massage</b> with Elaine Burchell, Kathryn Bates and Julie Todd
10 February	<b>Singing with Mary</b> <b>Carers' Session</b>
17 February	<b>Themed Session</b> – Funtime Singers
24 February	<b>Dancing with Doug</b>
3 March	<b>Fun and Games</b> <b>Massage</b> with Elaine Burchell, Kathryn Barnes and Julie Todd
10 March	<b>Singing with Mary</b> <b>Carers' Session</b>
17 March	<b>Themed Session</b> – Ukulele Group
24 March	<b>University Music Group</b>
31 March	<b>Sing-a-long Movie</b>
7 April	<b>Fun and Games</b> <b>Massage</b> with Elaine Burchell, Kathryn Barnes and Julie Todd
14 April	<b>Singing with Mary</b> <b>Carers' Session</b>

**Cost per session: £2.50 per person;**

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Beeston Dementia Friends: Registered Charity number: 1169865