



# Memory Cafe Programme

Middle Street Resource Centre,  
Middle Street,  
Beeston NG9 2AR  
Tel: 07960 398700



Email: [info@beestonmemorycafe.com](mailto:info@beestonmemorycafe.com)

Website: <http://beestonmemorycafe.com/>

<b>Time: 2-4 p.m.</b>	<b>What will we be doing?</b>
4 August	<b>Fun and Games and Julie entertains</b> <b>Massage</b> with Elaine Burchell, Kathryn Bates and Julie Todd
11 August	<b>Singing with Mary</b> <b>Carers' Session</b>
18 August	<b>To be arranged</b> <b>Massage</b> with Elaine Burchell and Kathryn Bates <b>Second session</b> – Entertainment with Rob and Ian
25 August	<b>Art and Craft with Emma Wass</b>
1 September	<b>Fun and Games and Songs with Warizit</b> <b>Massage</b> with Elaine Burchell, Kathryn Bates and Julie Todd
8 September	<b>Singing with Mary</b> <b>Carers' Session</b>
15 September	<b>Martin Perry and Quiz Time with Chris and friends</b> <b>Massage</b> with Elaine Burchell, Kathryn Bates and Julie Todd
22 September	<b>Afternoon with Becky Matter</b>
29 September	<b>Exercise with Jane Lee</b> <b>Sounds Familiar</b>
6 October	<b>Fun and Games with children from John Clifford School</b> <b>Massage</b> with Elaine Burchell, Kathryn Bates and Julie Todd <b>Second session to be arranged</b>
13 October	<b>Singing with Mary</b> <b>Carers' Session</b>
20 October	<b>Dancing with Doug and UkeN'Sing</b> <b>Massage</b> with Elaine Burchell and Kathryn Bates
27 October	<b>Art and Craft with Emma Wass</b>
3 November	<b>Fun and Games with children from John Clifford School</b> <b>Massage</b> with Elaine Burchell, Kathryn Bates and Julie Todd <b>Songs from Andrew Tucker</b>
10 November	<b>Singing with Mary</b> <b>Carers' Session</b>

**Cost per session: £2.50 per person;**

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Beeston Dementia Friends: Registered Charity number: 1169865