

**Organisers of** 



Registered Charity Number: 1169865

Chair's 8<sup>th</sup> Annual Report 2021-2022 A safe, friendly venue where folk with dementia and those who support them can come for social activities, information and the opportunity to meet and get to know new people.

## **Review of the Year:**

As the new chairman of Beeston Memory Cafe this is my first report in office. This is now the eighth year since we formed and I can say it has been a very interesting and exciting year.

Having now come out of a major pandemic we are recovering well. Although sadly we have lost guests we have also gained new guests. Welcome to you all.

We are now once again able to hold whole group meetings weekly.

Can I firstly say a big welcome to our two new trustees and also new volunteers . I would like to thank my predecessor Janet Patrick who was one of the original founders of this great Memory Café and also all trustees and volunteers who work so hard to keep us running. A very special thank you to our administrator who keeps us all well informed with regular bulletins and other information.

We are again financially healthy with thanks to various donations received from both private and organisation donors. Thank you to our treasurer for keeping our accounts in order.

Some activities during the last year include fun and games, singing with Mary, carers sessions, dancing with Doug and massage sessions plus various musical groups.



I would like to say a special thank you to all trustees and volunteers for organising these sessions which also include summer garden party and Christmas party.



Also special thanks to our volunteers for all they do in the carers' sessions.

I would also like to thank Nottinghamshire County Council for their generous grants to our Memory Cafe and to Broxtowe Borough Council who have helped us previously with funding during the pandemic. Finally, a great big thank you to Paul Walsh and all his staff at Middle Street Resource Centre who have helped us in many ways not only with accommodation but also with catering and other valuable advice. I wish the Memory Café every success in the years to come. Derek A Burnett. BEM. October 2022.

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<u>Receipts</u>	£	£
Grants - Notts CC & Broxtowe BC	8,750	5,735
Donations	4,634	2,617
Meetings	2,107	662
Other (includes for badges)	113	137
Total	15,604	9,151
Payments		
Room Hire	3,071	1,960
Admin Support	3,799	3,633
Secretarial, Insurance, Bank Charges & Training	740	410
Meeting Expenses (incl. COVID safety)	554	418
Relaxation Therapy, Professional Facilitators & Entertainers	1,775	845
Volunteer expenses, badges, thank you gifts & event	182	94
Support during Pandemic + Bulletins	70	1,175
Total	10,191	8,535
<u>Net Receipts / (Payments)</u>	5,413	616
Cash Funds at beginning of Year	17,245	16,629
<u>Cash Funds at Year end (30 June)</u>	22,658	17,245
Held at Bank	22,634	17,217
Cash in Hand	24	28
<u>Total at Year end (30 June)</u>	22,658	17,245
Memory Café sessions were suspended from 19.3.20 to 10.9.20 and 7.1.21 to 13.4.21 due to COVID-19		
More detailed accounts can be viewed on The Charity Commission website, or at the Memory Café.		
We are very grateful for the continuing financial support of Nottinghamshire County Council, numerous		
donations received and for our many volunteers who continue to freely give their time and support.		

## **Carers' Support**

Monthly meetings returned this year for Carers. The first meeting was emotional but very positive. Most Carers were new to Memory Café and to Marie Potts, whom we were pleased to welcome again as an experienced Dementia Carer and adviser. All Carers received an Information Pack with a 'Useful Contact List'. Age UK and Alzheimer's Society booklets were also issued.

In April Catherine Shaw of Tu Vida outlined the changes to County and City Dementia strategies 2022-2027. The importance of registration with the Carers' Hub was emphasised.

During their time attending Beeston Memory Café many carers value the enjoyment of attending the Memory Café with its variety of activities and the support received from each other. Good friendships are also developed and many have enjoyed lunch in the Resource Centre Café.

After the death of their partner some have been inspired to become either Dementia Friends' Trustees or volunteers at Memory Café, something which is greatly appreciated by all. Links were maintained with a bereaved Carers' Group for occasional lunches, and also a group of carers and guests met for Sunday lunch at a local restaurant.

During the pandemic we were all kept informed, amused and held together by the Bulletin produced by Marie Potts with regular help from Julie Howson and articles occasionally submitted by Memory Café members. The 90<sup>th</sup> issue in November may be the last regular one so we thank Marie for all she has done.