



## Memory Cafe Programme

Middle Street Resource Centre,  
Middle Street,  
Beeston NG9 2AR  
Tel: 07846 403342



Email: [beestonmemorycafeinfo@gmail.com](mailto:beestonmemorycafeinfo@gmail.com)

Website: <http://beestonmemorycafe.com/>

<b>Time: 1.45-3.45</b>	<b>What will we be doing?</b>
7 December	<b>Fun and Games with children from John Clifford School</b> <b>Massage with Elaine Burchell, Kathryn Bates and Julie Todd</b> <b>Attenborough Bell Ringers</b>
14 December	<b>Christmas Party with Beeston Carol Choir</b> <b>Ukulele Group with Graham Lodge</b>
21 December	<b>No meeting</b>
28 December	<b>New Year celebration</b> <b>Warizit</b>
4 January	<b>Fun and Games</b> <b>Massage with Elaine Burchell, Kathryn Bates and Julie Todd</b>
11 January	<b>Singing with Mary and Carers' Session – Sharing about Care Homes</b> <b>Singing with Mary</b>
18 January	<b>Dancing with Doug</b> <b>Massage with Elaine Burchell, Kathryn Bates and Julie Todd</b> <b>2<sup>nd</sup> session tba</b>
25 January	<b>Craft, Stories, Song with Emma Wass</b>
1 February	<b>Fun and Games with children from John Clifford School</b> <b>Massage with Elaine Burchell, Kathryn Bates and Julie Todd</b>
8 February	<b>Singing with Mary and Carers' Session – Sue Cain, Radford Care Group</b> <b>Singing with Mary</b>
15 February	<b>Tba</b> <b>Massage with Elaine Burchell, Kathryn Bates and Julie Todd</b> <b>Anglers Mates</b>
22 February	<b>Exercise with Jane Lee</b> <b>George Spencer Acadaemy</b>
29 February	<b>Tba</b> <b>David Slee guitarist and singer</b>
7 March	<b>Fun and Games with children from John Clifford School</b> <b>Massage with Elaine Burchell, Kathryn Bates and Julie Todd</b> <b>University Music Group</b>

**Cost per session: £3.00 per couple;**

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Beeston Dementia Friends: Registered Charity number: 1169865