

## **Memory Cafe Programme**

Middle Street Resource Centre,
Middle Street,
Beeston NG9 2AR
Tel: 07846 403342



Email: <a href="mailto:info@beestonmemorycafe.com/">info@beestonmemorycafe.com/</a>
Website: <a href="http://beestonmemorycafe.com/">http://beestonmemorycafe.com/</a>

Time: 1.45-3.45	What will we be doing?
7 December	Fun and Games with children from John Clifford School
	Massage with Elaine Burchell, Kathryn Bates and Julie Todd
	Attenborough Bell Ringers
14 December	Christmas Party with Beeston Carol Choir
	Ukulele Group with Graham Lodge
21 December	No meeting
28 December	New Year celebration
	Warizit
4 January	Fun and Games
	Massage with Elaine Burchell, Kathryn Bates and Julie Todd
11 January	Singing with Mary and Carers' Session – Sharing about Care Homes
	Singing with Mary
18 January	Dancing with Doug
	Massage with Elaine Burchell, Kathryn Bates and Julie Todd
	2 <sup>nd</sup> session tba
25 January	Craft, Stories, Song with Emma Wass
1 February	Fun and Games with children from John Clifford School Massage with Elaine Burchell, Kathryn Bates and Julie Todd
8 February	Singing with Mary and Carers' Session – Sue Cain, Radford Care Group Singing with Mary
15 February	Tba
	Massage with Elaine Burchell, Kathryn Bates and Julie Todd
	Anglers Mates
22 February	Exercise with Jane Lee
	George Spencer Acadaemy
29 February	Tba
	David Slee guitarist and singer
7 March	Fun and Games with children from John Clifford School
	Massage with Elaine Burchell, Kathryn Bates and Julie Todd
	University Music Group

Cost per session: £3.00 per couple; Tel: 07846 403342

Beeston Dementia Friends: Registered Charity number: 1169865