



Memory Cafe Programme

Middle Street Resource Centre,
Middle Street,
Beeston NG9 2AR
Tel: 07846 403342



Email: beestonmemorycafeinfo@gmail.com

Website: <http://beestonmemorycafe.com/>

Time: 1.45-3.45	What will we be doing?
17 October	Steve McGill – Songs you love Massage with Kathryn Bates and Julie Todd
24 October	Live to Move with Nicky Ukulele Group – Graham Lodge
31 October	Exercise with Jane Lee Warizit entertains with Songs We Love
7 November	Fun and Games with children from John Clifford School Massage with Kathryn Bates and Julie Todd Alderman White School Pupils entertain
14 November	Singing with Mary and Carers’ Session: Power Up – Nottingham Energy Partnership Oldish Spice entertain
21 November	Third Time Lucky entertain Massage with Kathryn Bates and Julie Todd George Spencer Academy
28 November	Gypsy Pop
5 December	Fun and Games with children from John Clifford School Massage with Kathryn Bates and Julie Todd Christmas Craft and Raffle Draw
12 December	Singing with Mary and Carers’ Session
19 December	Christmas Party Carols with Ian and Rob Sandy Bailey – Christmas Songs
26 December	No Meeting

Cost per session: £3.00 per couple;

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Beeston Dementia Friends: Registered Charity number: 1169865