



Memory Cafe Programme

Middle Street Resource Centre,
Middle Street,
Beeston NG9 2AR
Tel: 07846 403342



Email: beestonmemorycafeinfo@gmail.com

Website: <http://beestonmemorycafe.com/>

Time: 1.45-3.45	What will we be doing?
19 December	Christmas Party - Carols with Ian and Rob Sandy Bailey – Christmas Songs
2 January	Fun and Games Warizit entertains with Songs We Love
9 January	Singing with Mary and Carers' Session – Research Project: Dr Jemima Collins Centre for Rehabilitation and Ageing Research University of Nottingham. Singing with Mary
16 January	Sing-a-long Film – Mama Mia Massage with Kathryn Bates and Julie Todd
23 January	Dancing with Doug Fun and Games with the volunteers
30 January	Love to Move with Nicky Dave Slee – music and songs
6 February	Fun and Games with children from John Clifford School Massage with Kathryn Bates and Julie Todd tba
13 February	Singing with Mary and Carers' Session – Steve Barton: Skin Care Singing with Mary
20 February	Fun and Games Massage with Kathryn Bates and Julie Todd Anglers Mates with songs from the sea
27 February	Exercise with Jane Lee The Joyful Juke Box – sing-a-long with Helen
6 March	Fun and Games with children from John Clifford School Massage with Kathryn Bates and Julie Todd Entertainment from Alderman White Academy
13 March	Singing with Mary and Carers' Session – Sophie Barker, Nottinghamshire Police: the Pegasus Scheme and the Herbert Protocol Singing with Mary

Cost per session: £3.00 per couple;

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Beeston Dementia Friends: Registered Charity number: 1169865